

Daily activities:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vocabulary Times Tables 	TTRockstars /Numbots	Pre-Recorded lesson uploaded New word: shriek	TTRockstars /Numbots	Pre-Recorded lesson uploaded Roll the dice activity.	TTRockstars /Numbots
Reading 	Class book next chapter See Class Dojo for video.	Select a book from rising stars or audible.	Class book next chapter See Class Dojo for video.	Select a book from rising stars or audible.	Class book next chapter See Class Dojo for video.
English (Grammar or Writing) 	Live lesson at 9:10am Past tense –irregular and regular.	Live lesson at 9:10am 1 st person or 3 rd person.	Live lesson at 9:10am Diary entry for Wombat from the story. (feelings and emotions) recount	Live lesson at 9:10 am Using the Koala stimulus from last week, create a picture map of what happened.	Pre-recorded Using map write a diary entry from the Koala.
Phonics	Live lesson at 10am. /or/	Live lesson at 10am /or/ revision Word sort	Live lesson at 10am /or/ revision Polysyllabic word reading and writing.	Live lesson at 10am /or/ spelling Dictation	Pre-recorded /or/game
Maths 	Live lesson at 11am Right angles in shapes.	Live lesson at 11am Riddle writing about 2d shapes.	Live lesson at 11am 3D shapes – Identify and find examples of in your home.	Live lesson at 11am 3D shapes – make and identify the properties	Pre-recorded Problem solving with faces.
Afternoon Activities	Pre-recorded lesson How do we know if something is alive, dead or never alive? Watch the lesson below and create a poster about what you have learnt. https://classroom.thenational.academy/lessons/what-are-the-characteristics-of-living-things-70u30c?activity=video&step=1	Pre-recorded lesson Introduction to the life cycle	Screen-free Wednesday	Pick from the get creative/Get thinking grid below.	PE: Pick from the Get Active grid below.
		Create your own life cycle using the animals given to you.			Whole school assembly Zoom details to follow.

Blue are live sessions

Yellow are pre-recorded independent sessions

Get Thinking	Get Active	Get creative
<p style="text-align: center;"><u>PSHE</u></p> <p>We have been thinking about emotions. Follow the link to a lesson about how to express yourself when you are feeling worried.</p> <p>https://classroom.thenational.academy/lessons/dont-worry-about-a-thing-68u32d</p>	<p style="text-align: center;"><u>Take a Healthy Selfie!</u></p> <p>Choose an activity that you enjoy doing outside (be it going for a bike ride, jumping in puddles or whatever you enjoy) and take a selfie with your family joining in.</p> 	<p style="text-align: center;"><u>Create a picture from a line.</u></p> <p>Ask an adult to draw a random line or shape. What can you create from that?</p> <p style="text-align: center;">Think Outside the Box <small>Complete the picture! How many different drawings can you create?</small></p> 
<p style="text-align: center;"><u>Express Yourself!</u></p> <p>Think about a creative activity that makes you happy or someone in your family happy. Complete it with them ☺</p> 	<p style="text-align: center;"><u>Gymnastics</u></p> <p><u>I know there are some budding Gymnasts at home. If you would like to develop your skills, you can follow the lessons on Oak academy. Follow the link below.</u></p> <p>https://classroom.thenational.academy/lessons/an-introduction-to-basic-balance-ccwk2d?activity=video&step=1</p>	<p style="text-align: center;"><u>Make a bird feeder</u></p>  <p style="text-align: center;">See instructions below.</p>
<p style="text-align: center;"><u>Science</u></p> <p>When mammals reproduce their young, they have live babies. However some animals have babies that they name differently to themselves. Can you find the name of some of your favourite animal's babies?</p>	<p style="text-align: center;"><u>Design an obstacle course</u></p> <p>Make an obstacle course outside and explain it to another person. Time each other and work out the difference in your times.</p> 	<p style="text-align: center;"><u>Get cooking!</u></p> <p>Help an adult make a meal or snack! You can use our work on weighing and measuring to help you!</p> 

Screen free Wednesday!

Throughout the current pandemic, it is more apparent than ever that wellbeing, physical and mental health are more important than ever. Due to the nature of home-schooling, it has potentially increased the amount of screen time that your child is receiving. Add to this the strains, worries and concerns of changes in routine, missing friends and working differently, sometimes this can be too much for both children and adults alike.

With this in mind we are introducing 'Well-being Wednesday'. This is an afternoon that is dedicated to non-screen based activities such as construction, natural and physical activities that do not require a screen to support their learning. Each week I will provide some ideas that your child can do during this time.

If it suits your family and routine to do this on a different day, that is absolutely fine. You could have Mindful Monday, Thoughtful Thursday - catchy name is optional! Also if you have more than one child in different year groups, you can select just one activity from either one of their grids rather than doing one from each. This is supposed to be a fun activity that you can share - not a stressful one.

Here are some ideas for this week.

x

You could: Create a heart and share with a loved one.

You will need:

Some cardboard, scissors and coloured string.

1. Draw a heart shape on to the piece of cardboard. Cut it out.
2. Ask an adult to help make some holes in the cardboard for you to thread through.
3. Decorate your heart and give this to someone you care about for Valentine's Day next week.



You could: make a bird feeder

You will need:

Plastic drinks bottle, milk carton/yogurt pot, wire or string, bird seed and scissors.

1. Cut a hole in the side of the bottle large enough for a free flow of seed to come out.
2. Cut a few small holes in the bottom to allow any rainwater to flow out of the bottom.
3. Hang your bottle on the washing line or a tree branch in your garden.
4. If your feeder starts to go mouldy or the bottle breaks, recycle it and make a new one. 😊 Make sure your feeder is topped up.

